



Covid 19 - Kids First and Junior Return to Play

Parent and Player Code of Conduct & Timetable

Aim: Start the playing season on 6th September 2020 for Kids First and Junior age groups while protecting players, coaches and parents from contracting or transmitting Covid-19.

The following regulations are based on government and RFU guidelines and must be followed with no exceptions.

RFU regulations apply: 9 Player Safety, 11 The Season, 15 Age Grade Rugby, 21 Safeguarding.

General

- There is a maximum number of 250 people allowed on site at any one time.
- Staggered training times are in effect. Please make sure you know where your child is playing and what time their sessions are (see timetable below).
- Social distancing guidelines must be adhered to throughout the club.
- Training is in groups of 20 players.
- The clubhouse is now open, but has a maximum occupancy of 80 people seated and a one way system throughout.
- All players must have an RFU ID for insurance purposes.
- All players must be current HRFC members.

Player Specific Requirements

- Players **MUST NOT** come to training if they or any other household member have any Covid-19 symptoms: Persistent cough, high temperature, loss of taste or smell.
- A maximum of one parent is permitted to accompany a player at training.
- All players must have a named water bottle and are not to share this with other players.
- All players must have their own sweat towel. (Players must not touch their face with their hands.)
- All players must have their own named hand sanitiser.
- Players must sanitise their hands when instructed to do so by their coach.
- Players must adhere to social distancing guidelines of 2m when not actively playing.
- Group huddles and 'try celebrations' are not permitted.
- If a player develops Covid-19 symptoms after a training session, you must notify your age group coach immediately and then follow government guidelines regarding isolation.
- Please leave the training area as soon as training has finished.
- Players are not to collect or put out any cones or similar training aids.



Parent Specific Requirements

- Parents and guardians **MUST NOT** come to training if they or any other household member has any Covid-19 symptoms: Persistent cough, high temperature, loss of taste or smell.
- A maximum of one parent is permitted to accompany a player at training.
- It is no longer a requirement for parents to be in attendance during training, however they must be contactable by phone for the duration of the session.
- **Parents must register their attendance by using the QR codes which can be found around the club or with your age group coach. This is to assist with Government Track and Trace.** (your child's attendance will be registered by their coach).
- Please leave the training area as soon as the session is finished.
- Please follow social distance guidelines of 2m with other parents.
- If you or your child develops Covid-19 symptoms after a training session, you must notify your age group coach immediately and then follow government guidelines regarding isolation.

Sunday Training Timetable - as of 6th September 2020

	Invesco Turf	1st XV Pitch	Pitch 2&3	Pitch 4&5
9am - 10am	U6	U7	U8	U12
10.30 - 11.30am	U10	U9	U11	U13
12pm - 1pm	Girls	Colts	U14 & U15	U16

(The timetable allows for 30mins transition time. Please ensure you arrive at your training pitch on time and leave promptly when training is finished.)

The Invesco turf is the bright blue, artificial training area in front of the clubhouse.

The 1st XV pitch is located to the northwest of the clubhouse.

Pitches 2 and 3 are on the other side of the road and run along side the road.

Pitches 4 and 5 are also on the other side of the road and are closest to the river.

If you have any queries on the above regulations or timetable then please contact
Matt Bailey on 07976 623 324.

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